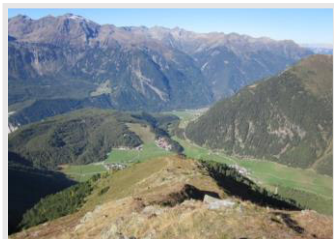


Peaceful Side Valley

Every Tuesday (4 June - 1 October 2019)

An idyllic path travels through century old larch woods up to Grastal, a fabulous secluded Alpine side valley forking-off towards the south. You walk uphill until you reach the rear end of Grastal valley. At splendid Mahdeben ridge you continue further towards Brand summit towering high above Niederthai. Here you enjoy awe-inspiring views of the ancient rockslide area, the mountain peaks and the lower valley. With a bit of luck you can watch a black grouse or rock ptarmigan in their natural habitat, two protected Alpine species living beyond the treeline. The best time for this scenic hiking tour is the Alpine rose flowering season - promising peace and silence to the fore.



Photos: © Patrizia Plattner,
Franz Wierer (up)

- CATEGORY** intermediate hike (time: 6 hrs, $\uparrow\downarrow$ 780 m)
- START/ ROUTE** Niederthai - Grastal - Mahdeben - Brand - Niederthai
- MEET HERE** 09.00 am, Ötztal Tourismus-Information Niederthai
 Niederthai Information Office; car parking Sennhof (near Information)
- EQUIPMENT** ankle-high hiking boots, rainwear, food and drink
- RETURN** approx. 4.00 pm
- FEE** adults € 7.00/children € 5.00
free for guests staying at Nature Park and Ötztal Premium Card Partner Hotels
- GUIDE** certified nature park hiking guide
- BOOKING** Ötztal Tourismus-Information Umhausen - Niederthai
 +43 (0)57200 400, at all Ötztal Information Offices
 or in your accommodation by Monday 6.00 pm



ORGANIZED BY

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